

**Health and Wellness at the Library: Resources, Programming, and More**

Michael Balkenhol, Health Programming Coordinator

mab602@pitt.edu  
Network of the National Library of Medicine, Middle Atlantic Region (NNLM MAR)

**Health Programming in Public Libraries Award**

* [Full Request for Proposals](https://nnlm.gov/mar/funding/health-programming-public-libraries-award): Opening soon for projects to be completed by April 30, 2020.

**Health Programming, Training, & Additional Resources**

* [Join the Network](https://nnlm.gov/members/join-network)
* Or [Subscribe to Weekly Postings](https://news.nnlm.gov/mar/category/weekly-postings/)
* [NNLM Resources for Public Libraries](https://nnlm.gov/public-libraries)
* [NNLM Summer Reading Initiative](http://www.nnlm.gov/initiatives/summer-reading)
* [NNLM *All of Us* Community Engagement Network](https://nnlm.gov/all-of-us/)
* [Consumer Health Information Specialization](https://nnlm.gov/gmr/guides/public-libraries/earn-your-chis)
* [NNLM Training Schedule](https://nnlm.gov/calendar)
  + [Correction of Health Misinformation on Social Media](https://nnlm.gov/class/social-correction) 9/29/20
  + [Caring for the Mind: Providing Mental Health Information at your Library](https://nnlm.gov/classes/caringforthemind)
  + [Activate, Collaborate, and Educate: Health Outreach and Programming in Your Community](https://nnlm.gov/classes/program)
  + [Evaluating Health and Medical Information on Wikipedia](https://nnlm.gov/class/evaluating-health-and-medical-information-wikipedia/27099)
  + [DNA to Z: Direct-to-Consumer Genetic Testing](https://nnlm.gov/class/dna-z-direct-consumer-genetic-testing/26960)

**Health Information Resources**

* COVID-19 is an emerging, rapidly evolving situation.
  + Get the latest public health information from CDC: [coronavirus.gov](https://pitt-my.sharepoint.com/personal/mab602_pitt_edu/Documents/Presentations/PA%20Office%20of%20Commonwealth%20Libraries/coronavirus.gov)
  + Get the latest research information from NIH: [nih.gov/coronavirus](https://pitt-my.sharepoint.com/personal/mab602_pitt_edu/Documents/Presentations/PA%20Office%20of%20Commonwealth%20Libraries/nih.gov/coronavirus)
* [MedlinePlus](https://medlineplus.gov) Consumer Health Information from the National Library of Medicine
* [MedlinePlus - Spanish](https://medlineplus.gov/spanish/) medlineplus.gov/Spanish
* [ClinicalTrials.gov](http://www.clinicaltrials.gov) is a database of privately and publicly funded clinical studies conducted around the world.
* [PubMed](https://www.ncbi.nlm.nih.gov/pubmed/) comprises more than 30 million citations for biomedical literature from MEDLINE, life science journals, and online books.

**Health Programming Resources**

* [NNLM Reading Club (some graphic medicine titles)](https://nnlm.gov/all-of-us/nnlm-reading-club) Health topic book club resources
* [NLM Exhibition Program](http://www.nlm.nih.gov/hmd/about/exhibition/index.html)
  + [NLM Exhibition: Graphic Medicine](https://www.nlm.nih.gov/exhibition/graphicmedicine/index.html)
  + [Education Resources/Lesson Plans](https://www.nlm.nih.gov/exhibition/graphicmedicine/resources.html)
  + [Request a Travelling Exhibition](https://www.nlm.nih.gov/hmd/about/exhibition/booktraveling-exhibitionsconnect.html)
  + [Join Exhibitions Connect List](https://list.nih.gov/cgi-bin/wa.exe?SUBED1=MAKING-EXHIBITION-CONNECTIONS&A=1)
* [Graphic Medicine Initiative](file:///C:\Users\Michael\OneDrive%20for%20Business\Classes\ACE%20Graphic%20Medicine\nnlm.gov\ner\graphic-medicine)
* [graphicmedicine.org](https://www.graphicmedicine.org/)
* [National Institute on Aging and NIH Go4Life](https://go4life.nia.nih.gov/)
* [Let’s Move in Libraries](http://letsmovelibraries.org/)
* [ALA’s Programming Librarian](http://www.programminglibrarian.org/)
* [Jbrary - Tune in for Storytime Success](https://jbrary.com/)
* [National Library of Medicine & Citizen Science Month](https://nnlm.gov/national/guides/crowdsourcing-and-citizen-science/citizen-science-month)
  + Featured projects, Library and Community Guide to Citizen Science, and more
  + nnlm.gov/national/guides/crowdsourcing-and-citizen-science/citizen-science-month
* [SciStarter: Science We Can Do Together](https://scistarter.org/nlm) scistarter.org/nlm

**Disaster and Emergency Resources**

* [Disaster Distress Helpline/SAMHSA](https://store.samhsa.gov/)
* [Ready.gov](https://www.ready.gov/)
* [In Case of Emergencies: Continuity of Operations (COOP) Planning](https://www.nlm.nih.gov/dis_courses/coop/index.html) National Library of Medicine
* [Librarian’s Disaster Planning and Community Resiliency Guidebook and Workbook](https://www.nlm.nih.gov/dis_courses/coop/index.html) NJ State Library
* [Northeast Document Conservation Center](https://www.nedcc.org/free-resources/disaster-assistance/) 24/7 Collections Emergency Hotline
* COOP [Example](https://www.oraulearning.org/topclass/media/9a15c946-cb4f-4c4f-a015-0663992106ee/resources/one_page_continuity_plan_example.pdf) & [Template](https://www.oraulearning.org/topclass/media/9a15c946-cb4f-4c4f-a015-0663992106ee/resources/one_page_continuity_plan_template.pdf)

[**nnlm.gov/Z7s**](https://nnlm.gov/Z7s)