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## 1 **Third Culture Kid**

Having American missionary parents, this book lived in three countries and has spoken four languages before coming to Rochester. She doesn't feel that she belongs to a specific country, but that she is a citizen of the world.

## 2 **Connected Wonder Woman**

Life on the shelf was pretty normal for this book until one fateful January evening 5 years ago when her heart stopped. After much puzzlement and finally a diagnosis, she was given a new bionic lease on life and a new perspective on how amazing life can be. It took a while to build up the courage, but this book has now re-classified herself as a storyteller - and is using story to make connections between people and to help them see some of the wonder in their own lives.

## 3 **You Can't Shave in a Minimart Bathroom – A Humorous Look at Becoming Your True Self**

Transitioning to one's true gender is difficult enough as it is. Transitioning as a public high school teacher poses its own unique set of challenges - it can make one laugh or cry. This book chooses to laugh because laughing doesn't cause mascara to run.

## 4 **In the Embrace of Pure Love**

Jazz guitarist, composer, recording artist, and Eastman doctoral candidate, this book is a self-proclaimed "questing soul," who has finally found spiritual solace in the arms of his Indian Guru, Mata Amritanandamayi, popularly known as the "hugging saint" or "AMMA". This book has faced many adversities a manic-depressive father, an alcoholic stepfather, a painful divorce from his Chinese-Indonesian wife, the death of his Japanese wife of 4 years from cancer, and now, the forced temporary separation from his newly-wed Filipino wife. However, after a seemingly inconsequential introduction to AMMA in the Far East, where he lived for 16+ years, he has experienced a 10-year long "slow burn" increase in AMMA's spiritual presence and healing affect that he believes has helped him survive hardship and find new meaning to his life.

## 5 **The Butler Did It - With Civility and Manners: From Historical to the Present Day Role**

Learn the role of the British butler from a historical context to the present day duties. Many duties have remained the same over the years, while some duties have been added or changed due to technology. This book's chapters include Household Management, Event Management, Project Management to present day protocol for a butler. Readers will learn proper dining tips some may consider uncommon, such as a use of an asparagus service with finger bowls to enhance your springtime entertaining. Readers will also learn the butler never "talks" for it would only bring discredit on the "house."

## 6 **Hopefulness Through History**

Born in Kenya, educated in Uganda, Lebanon, England and United States, this book has witnessed both strife as well as concord among diverse peoples of the world. As a result of becoming a history teacher, he began to use his knowledge of the past as a tool for sustaining a spirit of hopefulness and the desire to promote harmony among different peoples. Find out how knowledge of the past generates optimism and the energy to bring about positive change in communities.

## 7 **Vietnam Veteran**

This book will reflect the journey of those in uniform during that war who reached the point of making a choice of saying 'no' when too much was asked of their sense of morality. Although many said no and accepted the consequences of Courts Martial trials, many others sadly chose the path of either self-inflicted violence or violence toward others, especially superior officers.

## 8 **Eat, Pray, Exoticize**

If you have read Elizabeth Gilbert's, Eat, Pray, Love, you might believe that people in Bali have somehow managed to find the answers to all of life's questions. This book lived in a small village in Bali, Indonesia, conducting fieldwork on the music played at Hindu cremations and playing in a Balinese musical ensemble, called a gamelan angklung--a sacred set of musical instruments used in village cremations. She saw all of the things Gilbert describes in her book, but she also saw more--the struggle to escape poverty; the every-day "work" (dharma) all must do to be good family, community, and religious citizens; the rise of tourism and the resulting destruction of precious rice fields; the heavy hand of a government attempting to regulate the arts, and much more. And, along the way, she also learned about the kindness and generosity of the Balinese people who allowed her to learn their wonderfully beautiful and sacred music.

## 9 **African American Community Activist**

This book is the Outreach Coordinator for the Supplemental Nutrition Assistance Program at Foodlink, helping people afford healthy and nutritious food when times are tough and prices are high. Running workshops for Foodlink, this book knows the face of hunger and poverty in urban and rural settings in our area. A former Gandhi Peace Fellow of the University of Rochester, he would like to become a community leader.

## 10 **More Than Just Sitting Pretty: Funny and Real Stories About Life in a Wheelchair**

Paralyzed for 28 years from a car accident, this book has seen the funny, the crazy, the weird, the highs and the lows that occur in life as a wheeler.

## 11 **Fear Cannot Bind Us**

Growing up in South Africa under apartheid one was raised to fear - anything that was different: Black people, gay people, 'communists'. People were kept isolated and ignorant - for then a steady diet of prejudice and fear could be fed from infancy. But fear cannot bind a child forever. In this book you will hear of a number of experiences that cracked open a child's fear, leaving a young woman forever changed.

## 12 **Walking in Spirals**

This book is a career counselor, leadership coach and university intercessor, and her vocational work is as a labyrinth steward and educator. Learn how spiral dynamics are integral to career/work/problem solving processes.

## 13 **The Art of Martial Arts**

At only 5' tall, this book does not look like the typical picture of a martial artist. She started training in Tae Kwon Do in college and has earned a black belt, but she has learned more than just the physical aspects of the style. Through her training, she has developed self-control and self-awareness, and a sense of security that nothing else could give her.

## 14 **Forgiving is Not Forgetting**

God has never given this book more than it could handle. From growing up a minority in its community to being economically disadvantaged, this book's voice was not heard in its patriarchal alcoholic home. Despite these challenges, and because of them, the book became a person of great faith, determination and compassion. The book uses its gifts and strength to support and encourage others to overcome their own obstacles.